

Catrin Howells

Call 2019

Telephone [020 7831 0222](tel:02078310222)

Email [\[email protected\]](#)



Catrin joined 42BR in October 2022 following completion of her pupillage in chambers. She has a busy practice spanning private family law and employment. She prides herself on her diligent preparation, practical advice and approachability.

Catrin read Law at the University of Oxford, and subsequently completed her BPTC LLM at the University of Law. Prior to pupillage, she worked as a family paralegal at two leading law firms.

Family Law

Catrin's practice covers all areas of private family law, including financial remedies, private children and protective orders under the Family Law Act. She regularly presents talks on family law topics, most recently a private law case update.

Private children law

Catrin has extensive experience representing clients at all stages of private children law proceedings. She is frequently instructed on cases through from FHDRA to final hearing, providing support to clients and solicitors throughout. Her experience includes the following:

- Serious allegations of domestic abuse
- Non-accidental injury
- Physical, sexual and emotional harm to children
- Intractable contact disputes
- International and internal relocation
- Allegations of parental alienation
- Children with significant additional needs
- Allegations of honour-based abuse

- Prohibited steps orders and specific issue orders, including travel to Hague and non-Hague convention countries

Recent cases

Re S [2024] – represented a mother at an urgent hearing following unilateral internal relocation with the child.

Re A [2024] – represented a mother seeking internal relocation with the child where shared care was already the status quo.

Re E [2023] – represented a respondent mother in an enforcement final hearing. Obtained a judgment dismissing the allegations of breach as the father was attempting to enforce an informal variation to a court order.

Financial remedies

Catrin is experienced in financial remedies, taking matters from first appointment through to contested final hearings. Her experience includes the following:

- Non-engagement of a respondent
- Significant non-disclosure and adverse inferences
- Dissipation of matrimonial assets, and subsequent add-back arguments
- Transfer of tenancy
- Enforcement
- Schedule 1

Recent cases

H v S [2024] – FDR involving complex conduct arguments.

A v G [2023] – represented a wife at a two-day final hearing. Successfully showed that matrimonial assets had been dissipated and should be added back into the equation for division.

S v S [2023] – represented a wife at a one-day final hearing. Successfully argued that, following complete non-disclosure from the husband, adverse inferences should be drawn as to the ability to meet any award.

Employment Law

Catrin frequently represents both claimants and respondents in a broad range of employment matters, including discrimination, unfair dismissal and whistleblowing cases. She is instructed on matters from case management preliminary hearings, to multi-day final hearings, and advises her clients throughout, including with respect to settlement where appropriate. She has also has experience with strike out/deposit order/time limit preliminary hearings, and judicial mediation.

Recent cases

N Doffou v Sainsbury's Supermarkets Ltd [2024] – acted for the successful respondent at a gross misconduct unfair dismissal final hearing.

H Thompson v Sainsbury's Supermarkets Ltd [2023] – acted for the successful respondent in a five-day final hearing where all claims of disability discrimination were dismissed.

Y Cetinkaya v DAM Group UK Ltd [2022] – acted for the successful claimant in a claim of automatic unfair dismissal due to assertion of a statutory right.

Animal Welfare

This is a new area for Catrin. She has an interest in the intersection between family law and animal welfare, in particular the link between animal abuse and domestic abuse, and disputes surrounding the family pet on relationship breakdown.

Direct Access

Catrin is authorised to accept instructions direct from members of the public.

She encourages clients who are considering this route to contact Chambers and discuss their problem.

Memberships & Committees

- FLBA

Education

- University of Oxford, Jesus College – BA Jurisprudence
- University of Law – BPTC LLM