

Heather Arlidge

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Heather is a specialist medical law practitioner, practicing in personal injury, clinical negligence, and coroners' inquests.

She also practices in public law, particularly in matters regarding prisons and the secure estate.

Heather is currently instructed as junior counsel on behalf of the Scottish infected and affected core participants in the Infected Blood Inquiry, which is frequently referred to as the UK's largest ever public inquiry. She continues to accept instructions in other matters.

Prior to joining Chambers, Heather worked for two recognised insurance law firms in London, where she was instructed in almost every conceivable type of claim that might be expected in a defendant insurance practice. Although the focus of her practice is now medical, her broad common-law experience means she continues to receive instructions in matters such as construction claims and contractual disputes.

Clinical Negligence Law

Heather is the head of the Clinical Negligence Team at 42BR Barristers.

She acts for both Claimants and Defendants (both in the public and private healthcare sectors). She particularly enjoys dealing with matters concerning complex medical issues, and has been instructed in a broad range of claims against, for example, GPs, surgeons, midwives, dentists, and NHS Trusts.

Heather frequently advises on paper and in conference across the range of her clinical negligence practice. She has a busy multi-track court practice, and regularly drafts Statements of Case in claims pleaded significantly in excess of £1m (for both Claimants and Defendants).

She has particular experience in dealing with cases concerning cosmetic surgery and the specific issues that arise in such cases regarding patient expectations and consent.

